

# Curriculum Vitae

SHARON DELELLIS, MSN, RN

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## NURSE FREELANCE WRITER

Experienced Registered Nurse with over 20 years of diverse healthcare expertise, including an MSN and a strong background in stroke coordination, case management and patient education. Demonstrated excellence in teaching, mentoring, having instructed nursing students both in the classroom and clinical setting for several years. Proficient in monitoring, assessing, and tracking patient outcomes with exceptional attention to detail. Skilled communicator and educator with recent experience instructing healthcare professionals and collaborating across interdisciplinary teams. Currently combining clinical expertise and a passion for writing as a freelance writer; crafting accurate, engaging and evidence-based content for healthcare audiences.

## PROFESSIONAL EXPERIENCE

**UMC HOSPITAL** 1800 West Charleston Blvd, Las Vegas, Nv

**RN Stroke Coordinator** Disease Specific Dept - *Sept 2022- Oct 2024 (Retired)*

- Monitored, evaluated, educated, tracked healthcare data, and educated staff.
- Instructed Certified Preceptor Orientation Programs (CPO) to improve patient care.

**UMC HOSPITAL** 1800 West Charleston Blvd, Las Vegas, Nv

**RN Case Manager/Per Diem and Full-Time** - *Oct 2018-Sept 2022*

- Conducted case management, utilized utilization review processes, and coordinated patient transfers to a higher level of care.

**CLARK COUNTY DEPT OF FAMILY SVCS** 701 North Pecos, Las Vegas, Nv

**RN Case Manager** - *Nov 2017-Oct 2018*

- Conducted clinical reviews and analyses for children in foster care.
- Coordinated psychiatric and medical appointments for children, ensured appropriate treatments and final medication determinations as PLR.

**UNITED HEALTH GROUP (SMA)** 888 South Rancho, Las Vegas, Nv

**RN Cardiology Case Manager** - *Jan 2016-Nov 2017*

- Monitored telemetry and coordinated care for heart failure patients.
- Reduced hospital readmission rates for CHF patients saving \$2M annually with patient care & case mgmt.

**VALLEY HOSPITAL** 620 Shadow Lane, Las Vegas, Nv

**RN Case Management/ICU Training Course** - *Sept 2014-Nov 2015*

- Evaluated, planned, and managed patient cases.
- Completed an ICU training course to expand clinical expertise.

**EVEREST COLLEGE** 170 North Stephanie, Henderson, Nv

**Theory & Clinical Instructor** - *Oct 2012- Sept 2014*

- Supervised and mentored nursing students in hospital settings, facilitating hands-on learning and critical thinking through simulated scenarios.
- Delivered classroom theory instruction in advanced nursing care and fundamentals.

**NEVADA STATE COLLEGE** 1300 Nevada State Drive, Henderson, Nv

**Adjunct Clinical Instructor** - *Aug 2012-Mar 2013*

- Supervised and mentored nursing students in hospital settings, facilitating hands-on learning and critical thinking through simulated scenarios.

**ROSEMAN UNIVERSITY** 11 Sunset Way, Henderson, Nv

**Adjunct Clinical Instructor** - *Dec 2011-Nov 2018 (on roster to 2022)*

- Supervised and mentored nursing students in hospital settings, facilitating hands-on learning and critical thinking through simulated scenarios.

**HEALTHSOUTH REHABILITATION** 10301 Jeffreys Street, Henderson, Nv

**RN Acute Care** - *Dec 2011-Sept 2012*

- Provided bedside care to patients in rehabilitation facility with PT/OT needs as well as needs for dialysis.

**MOUNTAINVIEW HOSPITAL** 3100 North Tenaya Way, Las Vegas, Nv

**RN Observation/Float Pool** - June 2010-Jan 2012, Aug 2005-Mar 2006

- Delivered bedside care to acute, stable, and critical patients.
- Performed float pool nursing on Med/Surg, psych, and Intermediate Care (IMC) units.

**INSTITUTE OF ORTHOPAEDIC SURGERY** 2800 East Desert Inn Road, Las Vegas, Nv

**RN PACU (per diem)** - Jan 2009-Dec 2010

- Provided pre-op and post-op nursing care, ensuring patient safety and comfort in an outpatient surgical setting.

**SPRING VALLEY HOSPITAL** 5400 South Rainbow Blvd., Las Vegas, Nv

**RN IMC** - June 2007-Oct 2009

- Delivered critical care to acutely ill patients in an adult Intermediate Care (IMC) unit, managing complex medical needs with precision.

**CENTENNIAL SURGERY CENTER** 4454 N. Decatur Blvd., Las Vegas, Nv

**RN Pre-op (per diem)** - July 2006-June 2007

- Provided specialized pre-op nursing care for patients undergoing pain management injections and other outpatient procedures to reduce pain.

**ASC ENDOSCOPIC INSTITUTE** 6950 S. Cimarron Road Ste 100, Las Vegas, Nv

**RN PACU (per diem)** - Mar 2006-July 2006

- Provided exceptional pre-op and post-op nursing care to patients in a specialized outpatient facility.
- Managed office operations to ensure efficient workflow and patient support and safety.

**RELIABLE HEALTHCARE SERVICES** 8871 West Flamingo Road, Ste 104, Las Vegas, Nv

**RN Agency (per diem)** - May 2005-June 2008

- Delivered acute care nursing in Medical/Surgical & Intermediate Care units across various healthcare facilities.

**ST ROSE HOSPITAL** 3001 St. Rose Parkway, Henderson, Nv

**RN NICU** - Apr 2005-July 2005

- Delivered specialized care to critically ill neonates in a Level II NICU, ensuring high standards of medical attention and family-centered support.

**SUNRISE HOSPITAL AND MEDICAL CENTER** 3186 South Maryland Parkway, Las Vegas, Nv

**RN NICU** - Jan 2004-Apr 2005

- Provided specialized care for critically ill neonates in a Level III NICU, addressing complex medical needs and collaborating with interdisciplinary teams to ensure optimal outcomes.

**SPECIALIZED MEDICAL SERVICES** 850 Rancho Drive, Las Vegas NV

**Emergency Medical Tech - I** - Mar 2001-Feb 2005

- EMT intermediate rescue with SMS ambulance service.

**MARQUIS & AURBACH** 10001 West Park Run Drive, Las Vegas, NV

**NALA Certified Paralegal** - July 1999-Mar 2002

- Worked with attorneys preparing cases for trial, prepared discovery, digested depositions, researched cases, etc.

**LELAND E. BACKUS & ASSOCIATES** 3050 S. Durango Drive, Las Vegas, NV

**Paralegal** - Leland E. Backus & Associates - May 1995- July 1999

- Worked with attorneys preparing cases for trial, prepared discovery, digested depositions, researched cases, etc.

## **EDUCATION**

**MSN - Walden University** 650 Exeter Street, Baltimore, MD

*Summa cum Laude - Graduated February 2013*

**BSN - Chamberlain College of Nursing** 3300 North Campbell Ave., Chicago, IL

*President's List - Graduated December 2010*

**ASN - Community College of Southern Nevada** 6375 W. Charleston Blvd. Las Vegas, NV

*Honors - Graduated December 2003*

## **PROFESSIONAL MEMBERSHIPS**

American Association of Critical Care Nurses 2010-2012, Present

## **TECHNICAL SKILLS**

Zoom, Webex, Epic, Microsoft Word, Excel, PowerPoint, and more